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https://gsm.farm

Korean BBQ Fried Oyster Tacos

Yield: 8 Servings



Ingredients:

1#	Golden Oyster Mushrooms
1 c	1 to 1 Gluten Free Flour
2 tsp	Kosher Salt
1 tsp	Granulated Garlic
1 ½ tsp	White Pepper
2 tsp	Spiceology Korean BBQ
1 c	Vegan Buttermilk**
½ C	Water

Oil for frying (I use rice bran oil, it has a neutral flavor and high smoke point)

Instructions:

- 1. Make sure to have your mushrooms clean and dry with a paper towel if needed. Mushrooms should be cut into bite size pieces.
- 2. Combine the flour with the salt and pepper in a bowl. Stir to combine the flour mixture.
- 3. Combine buttermilk and water in another bowl.
- 4. Dredge them in the flour again. Knock off the excess flour.
- 5. Lower the mushrooms gently into the hot oil, cook them until they are golden brown. It will take about 2 to 3 minutes for the mushrooms to cook. Drain on a wire rack.
- 6. Serve with a sprinkle of flakey salt and more Korean BBQ

Vegan Buttermilk - Ingredients:

- 1 c unsweetened plant milk of your choice (I used soy milk)
- 1 Tbsp lemon juice or white vinegar

Instructions:

- 1. Mix the milk and the lemon juice or white vinegar in a jar or bowl until well combined.
- 2. Let the mixture rest at room temperature for about 10 minutes. After this time, the milk will thicken and curdle.
- 3. Use your vegan buttermilk immediately.

Asian Slaw - Ingredients:

- 4 c prepared shredded coleslaw
- 2 c prepared shredded carrots
- 1 ea red bell pepper, thinly sliced into bite-sized pieces
- 1 c cooked and shelled edamame
- 2 ea medium scallions, finely sliced
- ½ c loosely packed chopped fresh cilantro

Cilantro-Lime Dressing - Ingredients:

2 Tbsp Ginger juice

1 ea medium lime, juiced and zested

2 Tbsp Maple Syrup1 Tbsp Dijon mustard

½ c green onion, white and green parts, finely chopped

1/₃ c fresh cilantro, finely chopped

1 c Plant based yogurt (cashew milk yogurt, plain)

½ c oil

Salt and pepper to taste

Instructions:

- 1. Add ginger, lime zest, maple syrup, mustard, green onion, cilantro and yogurt to the blender. Add half of the lime juice and blend.
- 2. While the motor is still running, add oil in a thin stream until incorporated.
- 3. Adjust consistency to desired thickness with remaining lime juice. Add salt & pepper to taste.
- 4. Combine all of the slaw ingredients in a large mixing bowl. Add the dressing and toss well. Let the slaw sit for at least ten minutes so the vegetables have a chance to soak up the dressing. Taste and adjust seasoning if necessary (I usually add a bit more salt.) Serve cold.
- 5. This slaw is best served fresh but leftovers will keep in a covered container in the refrigerator for a few days.

Gochujang Korean BBQ Sauce - Ingredients:

2-3 ea cloves garlic - crushed

3 Tbsp ginger juice ½ c gochujang

1/4 c apple cider or juice

½ c brown sugar1 Tbsp sesame oil

1 Tbsp Coconut aminos

2 Tbsp rice wine vinegar

1 Tbsp neutral oil

Instructions:

- 1. Over a low simmer, add the neutral oil, garlic and ginger and cook long enough to soften, no more than 2 minutes.
- 2. Next, add the remaining ingredients and let simmer over low heat for 10 minutes to combine.
- 3. Remove from heat until ready to use.

For Taco Assembly - Ingredients:

1 head Belgian Endive Black Sesame Seeds

Instructions:

- 1. Slice root ends off the endive. Separate the leaves.
- Use the leaf boats to hold your fried oyster, add slaw and finish with BBQ sauce and sesame seeds.